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"We speak English!"

Next to McDonald's

PILIPP

The **three** of us furnish Franconia.

30% discount*
on Christmas articles!

*You will receive a 20% discount on all articles in our special Christmas area on presentation of the completely filled out coupon – can only be redeemed with purchase. Not in combination with other campaigns. Valid until 24th December 2009

BAMBERG,

next to Berliner Ring
Tel. 09 51 - 18 04-0

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Sat 9 am to 6 pm

Open until 8 pm on every
saturday during Christmas time
beginning on 28th November!

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... PILIPP's fast living

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MWR Marketing & Advertising - Tel. (0951) 300 7747

Dec 2009./Jan.2010
Family
Morale
Welfare
Recreation

U.S. Army Garrison

Bamberg



December &
January Programs
inside!



www.bamberg.army.mil/sites/mwr

MWR programs provide reasonable accommodations for individuals with special needs. For assistance contact the facility manager prior to your visit.

USAG Bamberg FFF

I'll Take the Keys

10 & 11 Dec.
9 a.m. & 1 p.m.

Contact: darlene.copeland@eur.army.mil

Make a difference with the National

SAVE A LIFE TOUR

High Impact Alcohol Awareness Program

Featuring the most realistic, sophisticated Drunk Driving Simulator in the country.

Call today for availability in your area

www.savealifetour.com

1-888-655-7263

EDU-TAINMENT

Education Through Entertainment

For Registration please contact Darlene Copeland at DSN 469-7038

Spring Hunting Course 2010

starts Mon Feb. 1, 6 p.m. at
Golf Course Conference
Room

Obtain a German Hunting License while stationed in Germany. 60 hour course is offered to American citizen ID card holders. Learn game and land management. Game disease and harvest plans. Earn the right to hunt and own firearms. Classes are scheduled every Monday, Thursday and Saturday as well all Training Holiday Fridays starting Feb. 1.

Cost \$150.00 per person, additional fees are charged for the shooting range, ammunition etc. Please contact Outdoor Recreation at (0951)

300 9376 or e-mail
Bambergfishing@eur.army.mil

USAG Bamberg Youth Program

Parent Plus Coffee is a Parent of Teens Advisory & Support Group Initiative:
14 Dec. What do I get my teenager for the holidays?

25 Jan. Communication Success - How to Talk and Listen to My Teen

22 Feb. Teen Dating & Sex in the current Century

22 Mar. Youth Violence

19 Apr. Technology-Challenged Parent - Get in the Know

17 May Ensuring Teens have a Productive Summer

Contact (0951) 300 8345/8871 located at JFK Youth Center, Bldg. 7673.

Adult Tap Dance Lessons

with Lynn Schaeber
Sat. in Jan. 11 a.m.,
\$15 per session. Ages
16 and up. Sign up at
Stable Theater, (0951)
300 8647.



U.S. ARMY

Army
Family
Covenant

Keeping the
Promise

Army
One
Source.com

This monthly MWR brochure is published by the MWR Marketing Office. It's distributed to USAG Bamberg high traffic areas and MWR facilities and also available online at www.bamberg.army.mil/sites/mwr. Circulation is 1,500. Paid advertisement is accepted at MWR Marketing and Advertising, Bldg. 7089, room 410, DSN 469-7747. The appearance of advertising in this publication does not constitute federal endorsement of the advertised products or services.



Bored? Don't be. Get up, get out!

Visit the MWR Homepage at
www.bamberg.army.mil/sites/mwr

Trip to Ramstein PX, Sat. Dec. 5, 7 a.m.

Contact: SSG Manning, DSN 469-9041



Put Your Voice to Work!
Place Your
Quality of Life
Issues Today!

Army Family Action Plan 2010
www.bamberg.army.mil/sites/mwr

Do you have any Quality of Life issues? Then go to **www.bamberg.army.mil/sites/mwr** and honk the "I have an Issue" horn. All submitted issues will be consolidated and discussed in several workgroups at the annual AFAP Conference, which will take place in Bamberg February 23-25. Contact **Vanessia Holland** at Army Community Service, Tel. (0951) 300 7777 for more details.



AFAP
Army Family Action Plan





BAMBERG

OUTDOOR RECREATION

www.bamberg.army.mil/sites/mwr/odr.asp

December ODR Trips
Dec. 5 Learn to Ride \$80
Dec. 5 Wine Tasting \$30
Dec. 12-13 Glacier Skiing \$149
Dec. 12 Regensburg Christmas Market \$20

Did you know that Bamberg Outdoor Recreation has a full service ski and snowboard rental and repair shop for children and adults?

Full Ski or Snowboard Package
\$19/day - \$35/weekend - \$75/week
Pair of Skis or Snowboard with Bindings
\$15/day - \$25/weekend - \$50/week
Ski or Snowboard Boots
\$8/day - \$15/weekend - \$30/week
Ski Poles or Snowboard Bindings
\$5/day - \$10/weekend - \$20/week
Pants \$5 - Jacket \$5

Helmets are Free!
Snowboard Binding Mounting \$ 5
Binding Testing/Adjustment \$ 5
Base Repair \$10
Edge Sharpening \$12
Hot Wax \$12
Full Tune w/ Base Structure \$20
Deluxe Hand Tune \$25
Extensive repairs priced specially.

Going on an Outdoor Recreation Trip? Get a full Rental Package for only \$20 or get 50% off Maintenance.

Call Outdoor Recreation at
Tel. (0951) 300 9376

January ODR Trips
Jan. 9 Learn to Snowboard \$80
Jan. 15-18 Alps Ski & Snowboard \$279
Jan. 22 Rope Burn \$45
Jan. 23 Bad Staffelstein \$35
Jan. 30-31 Snowboard & Ski \$149



35.00

Bad Staffelstein Obermain Therme Spa. Price includes use of thermal pools.

Visit the updated ODR website for more details and ODR tips for your own recreational trip in the area. Find travel tips for Prague, Nuernberg, Salzburg and Regensburg, Steigerwald, Frankenjura, Bayerischer Wald and Fraenkische Schweiz. Go to www.bamberg.army.mil/sites/mwr/odr.asp

You must sign up for trips by the Monday before, or they may be cancelled. For more information, please come to ODR or call (0951) 300 9376. No refund will be given for no-shows. Military duty restraint and illness will be refunded with documentation.



Freedom Fitness Facility



Smash the Court Racquetball Tournament
Sat. 12 Dec. 8:30 a.m.-3:30 p.m.
Come one! Come all! Want to show off your game then this is the time and FFF is the place! This is a two day tournament depending upon number of pre-registration. Divisions will consist of Men's Open, B and C and Women's Open, B and C. Cost is \$15 per person or \$5 per each category that you sign up for. Awards 1st, 2nd & 3rd place and T-shirt for all entries. Contact: Charles.Fordjr@eur.army.mil

Indoor Soccer Tournament
Sat. 23 Jan. 10 a.m.
Double Elimination Tournament, 8 team maximum. To register, sign-up no later than 15 January. \$75 per team Contact: Charles.Williams@eur.army.mil

Best in Bavaria Unit Level Basketball Tournament
Sat. 27 Feb. 10 a.m.
This event will showcase the top two unit level teams from Grafenwoehr, Hohenfels, Ansbach, Schweinfurt, and Bamberg. Double elimination tournament with awards being presented to the Champion and Runner's up. Entry Fee: \$125.00 per team. Contact: charles.williams@eur.army.mil

Find the latest Fitness Classes Schedule online at
www.bamberg.army.mil/sites/mwr/fff.asp.
Classes currently available are: Lunch Time Circuit Express, Tiny Tots Tae Kwon Do (3-5 yrs) and Tae Kwon Do for adults, Mixed Martial Arts, Indoor Cycling, Cardio Weights and Personal Trainer Services with Christina Mace, 0170-202-4829. Contact FFF at DSN 469-8890.

Call (0951) 300 8890

Happy Holidays!

work with other knitters, crocheters, share your ideas, hone your skills. Free snacks.

National Cookie Day

Thur. Dec. 3, 11 a.m.-8 p.m.
Free cookies for everybody!

Holiday Open House

Sun. Dec. 13, 3-5 p.m.
Free snacks, cookies, refreshments and a special visitor...

Operation Santa Paws

Donate toys and treats for our local Bamberg Tierheim (Animal Shelter).

Celebrate the 24 Days of Christmas

24 Nov - 23 Dec
Win the Christmas Basket set up at the circulation desk. Get a new clue every day.

Tour to Bamberg's Christmas Market

Tue. Dec. 15, 3-5 p.m.
Sign up early, bring Euros for public transportation.

Operation Craft and Chat

Wed. Dec. 16 and Jan. 20, 4 p.m.
Decorating for the holidays, make your home festive for the holidays with MWR Arts and Crafts.

Knitters' Night

Mon. Dec. 28 and Jan. 27, 6 p.m.

Enjoy some evening needle

Winter Car Care

Mon. Dec. 7 and Jan. 11, 12 p.m.

Learn about what to include in your emergency vehicle kit. Win an emergency kit for your car!

TAG Along with us

Wednesdays, 3:30 p.m.

Introduction to eBook Training for seniors and retiree

Mon. Dec. 28 & Jan. 25

Celebrate Grimm's Fairy Tale Day

Mon. Jan. 4 all day

Dr. Martin Luther King Birthday - Celebrate with the Library!

All January
Learn about Martin Luther King's vision and how he inspired the Civil Rights Movement.



Gaming Club

Dec. 22 & Jan. 26, 3:30 p.m.

Come by the library and test your Xbox 360, Wii, and PS3 skills. Play various board games and meet new friends. Games will be provided.

Gamer's Challenge, Sun. 4 p.m.

Dec. 6 & Jan. 3 Mario Party 8 (Wii)

Dec. 13 & Jan. 19 Metal Gear Solid 4 (Ps3)

Dec. 20 & Jan. 17 Uncharted, Drake's Fortune (Ps3)

27 Dec. & Jan. 24 Ultimate Alliance (Xbox 360)

31 Jan. Sega Superstar Tennis (Xbox 360)

Book Clubs for Book Lovers

Teen X-Treme Book Club

Wed. Dec. 16 & Jan. 20, 3:30 p.m.

Artemis Fowl Book Club

Tue. Dec. 22 & Jan. 26, 4:30 p.m.

Mystery Book Club

Tue. Dec. 8 & Jan. 5, 4:30 p.m.

Animee & Manga Club

Tue. Dec. 15 and Jan. 19, 5:30 p.m.

Mothers and Daughters Book Club

Wed. Dec. 2 & Jan. 6, 4:30 p.m.

Classic Book Club

Mon. Dec. 14 & Jan. 11, 3:30 p.m.

Book Club for Boys

Thu. Dec. 17 & Jan. 21, 3:30 p.m.

History Book Club

Wed. Dec. 2 & Jan. 6, 3:30 p.m.

Captain Underpants Club

Wed. Dec. 23 & Jan. 27, 4:30 p.m.

Genealogy Discussion Group

Wed. Dec. 23 & Jan. 27, 6 p.m.

Special Events

Drop-in Writers Group

Tue. Dec. 22 & Jan. 19, 4:30 p.m.

eResource Training

Mondays, 6 p.m.

Movie Nights

Thu. Dec. 3 & 17, Jan. 7 & 21, 6 p.m.

Free German Classes

Mondays, 12 p.m.

Home Schooling

Mondays, 2 p.m.

Arts and Crafts

Art Exhibit Opening

Fri. 22 Jan. 5:00 p.m.

Come to the opening of Hans' art exhibit. Wine and cheese will be served.

Winnie-the-Pooh Tea Party

Mon. 18 Jan. 2:00 p.m.

Bring your favorite winnie-the-pooh stuffed animal to a tea party! We will play a Winnie-the-Pooh movie and read some stories. Kid's tea (punch) and cake will be provided.

National Cookie Day

Fri. Dec. 4 all day at Cool Beans Café inside CAC
One free cookie for each paying customer (as long as supplies last)



See NFL Football on big screen TVs



Bamberg Recreation Center (CAC) will be showing Sunday Night NFL football games every Sun., starting Sept. 13, 7 p.m. Come cheer on your favorite team on three different TVs. Beer, nachos, and snacks will be available for purchase. Contact Rec Center at DSN

Super Santa Savings! Draw your price from Santa's Hat! Get your personalized Christmas cards made! All appointments made in the month of January get their sitting fee applied to their order. That's a savings of up to \$25 on your portrait sheet order.

BREE PHOTOGRAPHY

Family/Seniors/Wedding/Custom

BREANNA EPPERSON

PHOTOGRAPHER
Bamberg, Germany



Wood Shop Safety Classes

Sat. Dec. 5, Jan. 2, 10 a.m.

Thur. Dec. 10, Jan. 7, 6 p.m.

Class is a pre-requisite in order to use wood shop equipment.

Basic Matting and Framing Classes

Thur. Dec. 17, Jan. 21, 6 p.m.

Sat. Dec. 19, Jan. 16, 10 a.m.

Learn how to use the C&H Matt Cutter, Guillotine, Frame Cutter.

\$15 per class. Ask for group discounts.

Children's Christmas Crafts

Sun. Dec. 20, 1-3 p.m.

Cookies & Cocoa provided

**www.bamberg
.army.mil
/sites/mwr**

CAC Hours of Operation
Sun 11 a.m.-6 p.m.
Mon.-Thur. 8 a.m.-8 p.m.
Fri. 8 a.m.-6 p.m.
Sat. 11 a.m.-6 p.m.

Also available: Bass Guitars, Trumpets, Amplifiers, Lights, Stage Equipment, Practice Room.

Rent our Recording Studio!

Family Affairs

Bamberg's Stable Theater is serving the community for 35 years now. Entertainment Director Jack Austin is the Grand Seigneur of Bamberg's Theater Family.
By Simon Hupfer.

If you enter the former horse stables of the German Cavalry Regiment 17 today, you might hear a piano running scales up and down. Posters and flyers are greeting from the wall. The office that might have been a tack room for the cavalry sits across the entry and is busy; Jack Austin and his co-worker James Fredrick are discussing the cast of the upcoming musical "The King and I".



James Fredrick and Jack Austin

The old brick building hosts Bamberg's Stable Theater, a little jewel case for American theater and musical culture. "We really exist by about 100 volunteers that support our shows as actors, technicians, set builders and costume designers," says Austin. Every year he and the 'Stable Theater Family', as he calls it, put together four to six shows. "These shows are really our bread and butter," Austin says.

"The most rewarding aspect about my job is that we can do something to impact these families and soldiers", Austin says. "Our volunteers sometimes lose themselves here; they enjoy just

immersing in the work. People tell me they feel at home and welcome here, I think because we offer a creative freedom people don't find very easily in their every day lives," he says. The recreational benefit of being part of this creative family can't be over-estimated: "We had a Soldier approach me before he left Bamberg. He thanked us effusively, and said we probably saved his life. He had obviously gone through some difficult times, but here, being appreciated among fellow performers helped him; here he succeeded and felt as part of a great team."

It took Austin some time to realize the importance of appreciating his volunteers as customers, "the second--maybe the first-- side of my customer base", as he puts it. The other, of course, is the audience that comes to see the shows, to take instrument lessons, or to use the practice rooms or the new fully equipped recording studio. When Austin, 52, became the entertainment director for Family and Morale, Welfare and Recreation (FMWR) at U.S. Army Garrison Bamberg, Germany, in 2001, he came over as a dependant. His wife had accepted a job as a therapist with the Army. "I was actually Mr. Mom at that time," he says, taking care of his two daughters.

Read the whole story at
www.bamberg.army.mil/sites/mwr/newsreleases.asp



SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

Call SKIES Unlimited at DSN 469-7452
Mr. Archie Johnson

Piano Lessons, Mon-Friday at: SAS/SKIES Unlimited Bldg 7669. Lessons are available for ages 3-18. The fee is \$60 for 3-5 year olds and \$80 for 6-18 year olds for 4x30 minute lessons per month.

Kinder Dance, Mondays, 10 a.m. and 2:30 p.m. at SAS/SKIES Unlimited Bldg 7669. Kinder Dance program is for ages 3-5. Cost is \$35 per month

R&B Bust-A-Groove Dance Class, Mondays, 3:30 p.m. at SAS/SKIES Unlimited Bldg 7669. R&B Bust-A-Groove dance program is for ages 6-15. Cost \$40 per month

Ballet, Thursdays, 2 p.m. at SAS/SKIES Unlimited Bldg 7669. Ballet classes are for ages 3-15. Cost is \$60-\$75 per month

Martial Arts Classes, Mon. & Weds, 3:00 p.m. at Freedom Fitness Facility 2nd Floor. Martial Arts Classes are for ages 3-15. Cost is \$40 per month

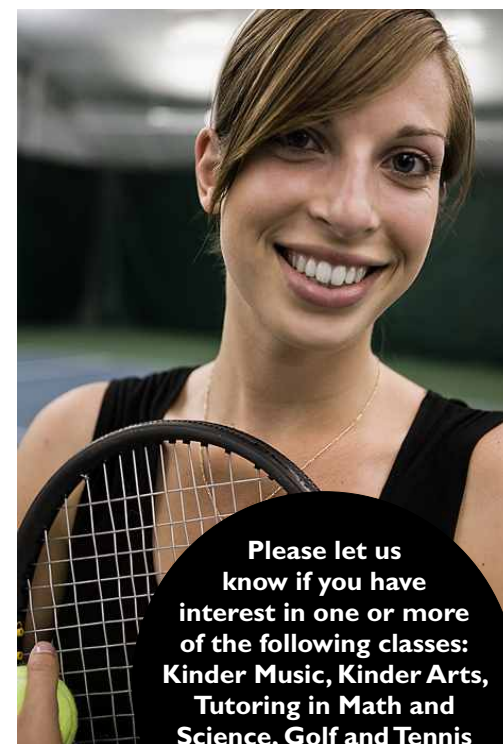
Fine Arts Classes, starts Mon. January 4 for ages 6-13. Classes are held on Mondays and Wednesdays in three age groups.
6-7 year olds: 3:30 p.m.
8-10 year olds: 4:30 p.m.
11-13 year olds: 5:30 p.m. Please check the class brochures for holidays and information about the class.
Session I - 4 Jan. - 3 Feb. 2010 (9 / \$54).
Session II - 8 Feb. - 10 Mar. 2010 (9 / \$54)
For available slots please contact CYS Services Central Enrollment and Registration (CER), from 08:00-4:00 p.m. Monday thru Friday or call 469-7716 or 8660. CER is closed on Thursday's from

8:00 a.m. to 1:00 p.m.

Tutoring in Math and Science
Ages 6-15
Mon.-Thur., 6:30-7:30 p.m.
Fri. 3-6 p.m.

Cost is \$20 per hour for individuals, \$10 per hour per person for group tutoring (4 people)

Sign-Up at Central Enrollment and Registration, Bldg. 7340 (closed Thurs. 8 a.m.-1 p.m.)



Please let us know if you have interest in one or more of the following classes: Kinder Music, Kinder Arts, Tutoring in Math and Science, Golf and Tennis lessons, Gymnastics and guitar lessons.

December

Basic Tune Up Class
Dec. 6 & 20, 2 p.m. \$10

Battery Check Special, \$5

Car Wash Special:
\$2.00 off on all washes in Dec.

50 % - January

50% off on bay fees every Wed-Fri

50% off on computer diagnostic scans



Bldg. 7141
open 7 days a week

USAG BAMBERG



Fitness Classes

and Personal Trainer Services

Individual
Personal Training -
\$35 per hour
Personal Training Package -
5 sessions for \$150 Group
Personal Training (2-4
Persons) - \$30
per/person, per/hour

**Fitness
Classes - \$4 per class**
Complete Fitness Assessment - \$50 per
test, includes: Body Composition, Basal
Metabolic Rate, Hydration, Tape Measurements,
Dynamic and Absolute Strength, Nutrition
Discussion, VO@ Max, Flexibility and printed report
with age/gender comparison (ranking) approx. 1.5
hours
**Body Fat Test and BMR only -
\$15.00**
Call 0170-202-4829 or
DSN 469-8890. E-Mail:
csm_lady@yahoo.com

Christina Mace
2009 Armed Forces
Women's Lightweight
Bodybuilding Champion



Sign up at FFF, Bldg. 7680

Contact DSN 469-8890 or (0951) 300 8890
www.bamberg.army.mil/sites/mwr



**Game Night and
Weekend
Pre-Party**

Fri. Jan. 22, 8-10 p.m.
Compete in front of the
largest Rock Band screen and
play the hit video game.
Open game night for
individuals and teams. No
cover charge or entry fee!
Contact: James.W.Fredrick@
eur.army.mil

Take advantage of the
Shuttle Service to downtown
Bamberg 10 p.m.
Sign up by 9 p.m.

**Stable
Theater**
Bldg. 7119
(0951) 300
8647

December Program

Copperhead Contest

Bowl a fun forty frame game for your
chance to win a top of the line bowling ball.
Minimum of 660 score to enter.

Dart Tournament

Sat. 26 Dec. 11 a.m.
301 normal out. Soft darts, 2 game
elimination, \$10.00

Bowl with Santa

Sat. 19 Dec. 11 a.m.
Bowl with Santa. Kids pay only 50 cent per
game. Candy and prizes.

King of the Hill Tourney

Sun. 20 Dec. 11:30 a.m.
Come and try to de-throne the current
king. Step ladder format. \$40.00

4 into 3 Bowling Tourney

Sat. 19 Dec. 11:00 a.m.
Bowl 4 games. The lowest score of one
game will be dropped. 3 games series
determines the winner. 1 payout for every 8
entries. Enter as often as you like. \$20.00
per entry.

January Program

Salsa Night

Fri. 22 Jan. 6:00 p.m.
Come on out to SALSA Night. All bowling
games are \$1.75 each and shoe rental is
free! Don't forget to bring your favorite CD.
We will play your music at your request.

Kids Day Out

Sun. 31 Jan. 12:00 p.m.
All kids receive 2 free games of bowling.
Free hot dogs, chips and candy 12-4 p.m.

301 Soft Dart Tourney

Sat. 30 Jan. 12:00 p.m. \$10.00

King / Queen of the Hill

Sun. 17 Jan. 11:30 a.m.
Come out and topple the King or Queen.
Step ladder format, win cash prizes.
\$40.00

3-6-9 Bowling Tourney

Sat. 16 Jan. 11 a.m.
3 game tournament, every 3rd, 6th and
9th frame is automatic strikes. Highest 3
games set wins. Minimum 8 entries, \$25.

Youth Bowling Program

Dec. 4-28, grades 1-5, \$40.00

Youth will learn about bowling, score
keeping, rules and more.

Contact CYSS The EDGE, (0951) 300
8660 / 7405

Register with CYS CER

Weekly Specials

Family Day - every Sun.

Bring the whole family for the fun. 1st
game of bowling for \$2.25 per person. All
games after are 50 cents. \$1.00 shoe
rental.

Ladies Nite Thunder Struck

Bowling - every Fri. 6:00 p.m.

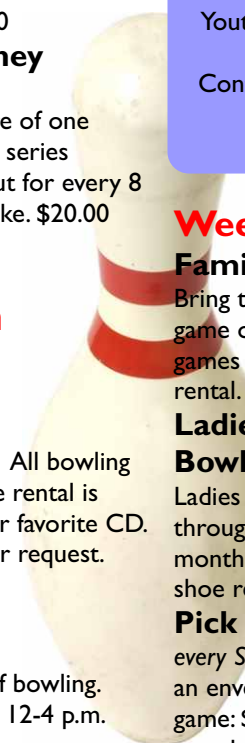
Ladies receive free shoe rental. Prizes
throughout evening ladies can enter for
monthly drawing. \$2.50 per game/\$1.75
shoe rental.

Pick your own price

every Sat. 11:00 a.m. - After bowling, pick
an envelope to determine your price per
game: \$2.00, \$1.50 or 75 cents. \$1.75 shoe
rental.

JENNY'S SNACK BAR

located at the Bowling Center
American and German Specialities



Dear FMWR Customers,
We wish you a happy and safe holiday season! Please check the holiday hours of operation for all FMWR facilities at the following website
www.bamberg.army.mil/sites/mwr
and plan accordingly.

Hourly Care Available

School Age Service has open slots for hourly care. Hours of Operation:
Mon-Fri, 5:45-8 a.m. and 2:45-5:45 p.m.;
School Out Days: 5:45 a.m.-5:45 p.m.
Hourly Rate is \$3.00 per hour. 16 Hours Respite Care for Families of Deployed Soldiers 30 day prior to deployment, during deployment and 60 days after deployment. Additional Hours are \$2.00. Five free Hourly/Open Recreation Hours for children not enrolled in Before & After Program Per month. Contact SAS at (0951) 300 8698.



ARMY FAMILY COVENANT: KEEPING THE PROMISE
ARMYOneSource.com

USAG BAMBERG

Christmas Tree Lighting Ceremony

featuring the *USAFEUR Band Brass Ensemble*

Fri. Dec. 4, 4 p.m.
Traffic Light Intersection
Get your Photo taken with the one and only REAL Santa Claus

Holiday Creations

Wed. 2, 9, 16, 23, 30 Dec. 3:30 p.m.
at Library. \$25.00

Jumble it up January

Wed. 6 Jan. 3:30 p.m. at Library
\$20.00. For Youth Grades 1-5
from 3:30-5 p.m. youth will enjoy working with various projects for the month.
January 6: Letter Door Signs
January 13: Snow Jars
January 20: Writing about Feelings
January 27: Tug-o-War

For both The EDGE Programs youth must register with Central Enrollment and Registration, DSN 469-8660 / 7405
tony.puskorius@eur.army.mil

the
EDGE
and

hired!

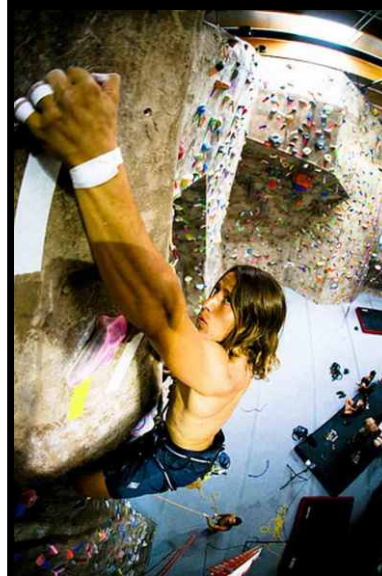
CYS Services FAFSA and College Admissions Help

What's a FAFSA? How do I fill out a college application? How do I pay for college? If these are questions you have asked yourself CYSS's Workforce Preparation Specialist will be offering a series of three workshops to help you navigate the murky waters of college admissions. Workshops will cover what the FAFSA is, why it's important, and how to fill out the form. They will also cover scholarship options and other opportunities to receive money for college. Workshops will be held from 3:30-5:30 p.m. 19, 20, and 21 January at the JFK Teen Center. Call 469-8345 or e-mail shay.mcneil@eur.army.mil

2009/2010 Winter Trips

BAMBERG
OUTDOOR RECREATION
Equipment Rentals

Rope Burn



Indoor Climbing Trip
January 22
9 a.m.-2:30 p.m.
\$45.00
Forchheim, with Instructor
Christine
Contact ODR
(0951) 300 9376
www.bamberg.army.mil/sites/mwr/odr.asp

THE STABLE THEATER PRESENTS

The King and I

Thur - Sat Dec 3 - 5 & 10 - 12 **7:30PM**
Sun Dec 6 & 13 **5:30PM**
Tickets \$11/\$9 at door, \$9/\$7 presale
Family discounts and deployment specials!
Call to RESERVE EARLY!

The Stable Theater
Bldg. 7119, USAG Bamberg
469-8647/0951-300-8647

USAG BAMBERG

Turkey Shoot

Golf Tournament

Win a Turkey, Duck or Cornish Game Hen for your Holiday Feast!
Two-Person-Best-Ball Game

starting Nov. 21
every Saturday until Christmas
9 a.m., \$10.00

Whispering Pines Golf Course

Bldg. 7682
Tel. (0951) 300 8953

No Federal Endorsement Implied



Dec./Jan. Schedule

Please register for all classes

Sponsorship Training: January 7th and 19th, 1400-1500 hrs, Bldg. 7029.

Mobilization/Deployment Program:

FRG Volunteer Position Classes: Every 1st through 3rd Tuesday of each month, 1030-1130 hrs, Bldg. 7354. Learn the duties of FRG.

Family Readiness Group 1 Training: Wednesday, January 6th, 0900-1200 hrs, Bldg. 7487. Information is provided to run an effective FRG.

Family Readiness Group 2 Training: Thursday, January 7th, 0900-1200 hrs, Bldg. 7487. Training available to FRG Leaders and volunteers that explains how to network, troubleshoot, and solve problems.

Children and Separation: Friday, January 29th, 1000-1130 hrs, Bldg. 7487. Coping tips and strategies to assist parents in helping their children deal with the issues of separation due to a deployment.

Army Emergency Relief Program:

Emergency assistance and scholarships are available, call for more details. Lower your grocery bill by picking-up coupons from the ACS information desk, or call for more details.

Exceptional Family Member Program:

Respite Care Program call for more information, if you need care or if you would like to become a provider.

EFMP Screening information is available. Please see your EFMP Manager at ACS for necessary paperwork and information.

Financial Readiness Program:

Debt & Credit Management Class: Tuesday, December 9th, 0930-1130 hrs, Bldg. 7029. Eliminate debts and manage credit wisely.

Checkbook Maintenance & Banking Class: Tuesday, December 9th, 1330-1530 hrs, Bldg. 7029. Avoid high interest rates & eliminate OD charges, learn how!

Investing & Thrift Savings Plan: Wednesday, December 16th, 0930-1130 hrs, Bldg. 7029. Pay yourself first, be SMART about your money!

Please pre-register for all classes
DSN 469-7777

www.bamberg.army.mil/sites/mwr



Military/Family Life Consultants:

Confidential Assistance for short time problem resolution: marriage/relationship stress, anxiety, depression, grief, and other daily life issues

(0175) 253 30 20 - (0175) 600 83 73

Scholarships available for Spouses and Dependents. Call ACS for information.

Home Loan Class: Wednesday, December 16th, 1330-1530 hrs, Bldg. 7029. Review the home buying checklist before you buy. Complete a cost comparison and foreclosure prevention measures!

1st Term Briefing: Thursday, December 17th, 0830-1630 hrs, Bldg. 7029. Mandatory briefing for First Term/initial term soldiers on financial matters.

Debt & Credit Management Class: Wednesday, January 6th, 0930-1130 hrs, Bldg. 7029. Eliminate debts and use credit wisely!

Checkbook Maintenance & Banking Class: Wednesday, January 6th, 1330-1530 hrs, Bldg. 7029. Checks, Debits, Online Banking, and ATM Withdrawals.

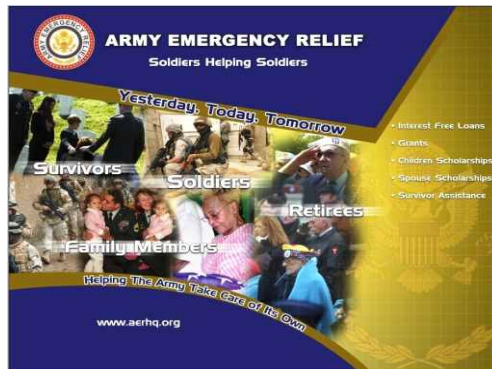
Investing & Thrift Savings Plan: Wednesday, January 13th, 0930-1130 hrs, Bldg. 7029. Pay yourself first, saving and investing to meet your goals!

Home Loan Class: Wednesday, January 13th, 1330-1530 hrs, Bldg. 7029. Looking forward to buying a new home, start planning now!

1st Term Briefing: Thursday, January 15th, 0830-1630 hrs, Bldg. 7029. Mandatory briefing for First Term/initial term soldiers on financial matters.



ARMY FAMILY COVENANT: KEEPING THE PROMISE
ARMYOneSource.com



Bldg. 7029. Learn how to conduct your federal job search, analyze the vacancy announcement, identify key words and polish your resume to maximize your referral chances.

Ace the Interview: Friday, January 22nd, 1400-1530 hrs, Bldg. 7029. Learn important factors to have a successful job interview.

Family Advocacy Program:

Anger/Stress Management Class: Every Thursday, 1330-1500 hrs, Bldg. 7487

New Parent Support: Every Friday morning 1000-1130 hrs, Bldg. 7487

Parenting Classes & Couple Communication Classes: are available upon request, Bldg. 7487
"Child Supervision Policy" is available.
Sexual Assault Reporting Ongoing 24/7
Emergency Placement Care Ongoing 24/7

Relocation Program:

People Encouraging People (PEP) Will resume in February, call for more details.

English as a Second Language: Tuesdays & Fridays, 0800-1430 hrs. Bldg. 7047, call ACS for more details.

German as a Second Language: Every Tuesday, Wednesday, and Friday, Bldg. 7047, call ACS for more details.

Sponsorship Training: December 10th & 22nd, 1400-1500 hrs, Bldg. 7029. Registration and walk-in, call ACS for more details.

Relocation Planning Available upon request.

Army Family Action Plan Program:

2010 AFAP Conference - February 23rd - 25th at Warner Conference Center
Put your voice to work!
Do you have an issue you think could better the Quality of life for our great Soldiers, Families, Retirees? Make your Voice count today by filling out an Issue Form.

Go to:
<http://www.bamberg.army.mil/sites/mwr/ACSFAFAP.asp>
Or go to the nearest AFAP Box at your local AAFES and fill out an Issue form. We care about what you care about! Speak up, Speak Out and Make a Change!

Army Family Team Building Program:

AFTB Level One January 12th and 13th, Bldg. 7487. Spouse Survival Skills. Please call for more details.

Employment Readiness Program:

Resume 101: Tuesday, December 1st and Wednesday, December 23rd, 1400-1530 hrs, Bldg. 7029. Making a great resume is no accident! Learn how to avoid common resume "killers" using proven methods for creating an unbeatable resume!

Resumix: Tuesday, December 2nd, 1400-1530 hrs, Bldg. 7029. Optimize your resume for the Army's automated resume builder. Learn how to conduct your federal job search, analyze the vacancy announcement, identify key words and scrub your resume to maximize your referral chances.

Ace the Interview: Wednesday, December 3rd, 1400-1530 hrs, Bldg. 7029. Learn the unspoken rules of the job interview: how to dress, how to negotiate, and how to answer the most common interview questions.

Competitive Edge for Employment: Tuesday, December 8th, 1400-1530 hrs, Bldg. 7029. Establish contacts and create relationships that help you penetrate the "hidden job market".
Competitive Edge for Employment Wednesday, January 6th, 1400-1530 hrs, Bldg. 7029. Create relationships that help you enter the job market.

Resume 101: Wednesday, January 20th, 1400-1530 hrs, Bldg. 7029. Create a great resume.

Resumix: Thursday, January 21st, 1400-1530 hrs,